# You Got This: Learning To Lead In Crisis

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### What To Expect

Format: 30 min tools + 30 mins focused problem solving

- Week 2: Getting to the Core Issue
- Week 3: Leading Through Compassion Fatigue
- Week 4: Building Resiliency for The Long Haul
- Week 5: Grieving and Growing
- Week 6: Leveraging Crisis for Long-Term Growth

## **Group Guidelines**

- 1. Confidentiality
- 2. A.P.I.
- 3. Adapt, not adopt
- 4. The wisdom is in the room
- 5. Learning together



### What are your current opportunities?

- Deepen Connections
- Build Sustainable Trust
- Create Loyalty
- Stronger Connections with Clients/Members
- Sense of Community and Belonging





Why Is
Leadership
So Important
Right Now?

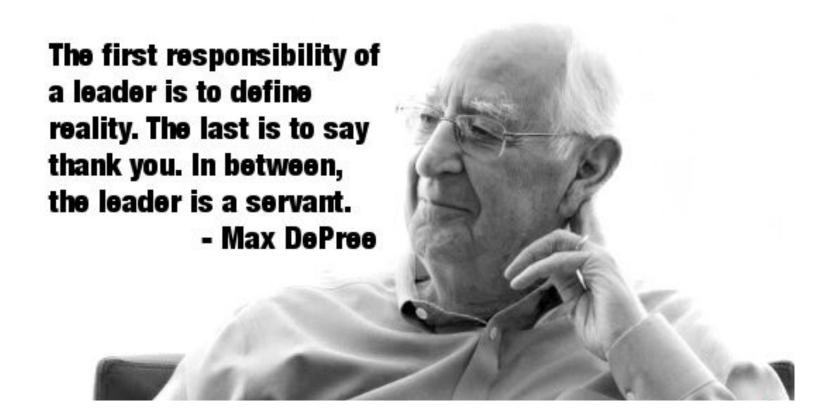


My experience STAGES OF GRIEF Loss Loss djustment Loss-Hurt Adjustment Loss-Hurt Helping Others Helping Others Shock Shock Affirmation Affirmation Numbnes Numbness Hope Denial New Emotional Outbursts **Emotional** Patterns Patterns Outbursts Anger New New Strengths Strengths Fear Feak New Relationships New Relationships Searchings Searchings "Re-Entry" "Re-Entry" Troubles Disorganization Troubles Disorganizatio Depression Panic epression Loneliness Loneliness

Isolation

Isolation

Guilt



### The First Job of A Leader Is To Define Reality



You won't ever have all the information!

- Say what you do know
- Acknowledge you don't have all the answers
- 3. Outline the plan
- 4. Outline what is needed
- 5. Acknowledge things will change
- 6. Establish regular updates and check ins

# Safety, Predictability & Control

Based on that reality







Safety Predictability Control

# Community Problem Solving (Masterminding)

#### 1. Issue presentation (2 min)

- Give background
- Tell what you've done so far
- What do you need?

#### 2. Issue clarification (2 min)

Few clarifying questions

#### 3. Mastermind (8 min)

- · Invent first, evaluate second
- Value divergent thinking
- · Piggy-back on ideas
- · Break paradigms- think outside the box

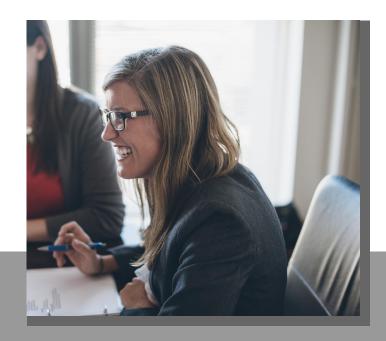
#### 4. Feedback (1 min)

- What did you hear and what are you going to do?
- Quick reminders from the group (in text)



### **Closing & Next Week**

- Download the chat Three Dots
- Check you email for a care card and PDF of slides
- Next Week: **Getting to The Core Issues**
- Next week we'll start with "What is keeping you going today?"





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